Island Harbor
Mentor Meeting

Dr. Rachel Kirk – Anchor Coordinator
Loren Watts – Foster Care Liaison
Cari Loeffler – Island Harbor Advisor
Island Harbor – A Refresher

• Students at least 18 years old who aged out of the Foster Care System
• Students at TAMUCC
• Living on Campus with Meal Plans
Attributes of Island Harbor Students

• AMAZING!
• Resilient
• Smart
• Compassionate
• Young Adult College Student
Trauma Informed Care

- Trust is Primary
- Be Consistent and Stable
- Follow Through on Your Promises
- Expect Disproportional Emotional Reactions
- Remember, You are the Role Model
- Have Realistic Expectations, Boundaries, and Compassion
Boundaries For Island Harbor Mentors

• No Overnight Visits
• No Giving Money or Gifts other than Normalcy Gifts (Birthday, Christmas, Graduation, Paying for Lunch, etc.)
• Contact Loren if you notice a Pattern of Issues with the Student
• No Alcohol or Drugs with Students
Expectations of Island Harbor Mentors

- Communication Through Email and Meetings
- Attend Group Functions with Students
- Reach out to Your Student at Least 1x per month – Be Persistent
- Invite your Student to Events, Meals, or Coffee
- If Issues Arise, then Model Conflict Resolution with the Student. Then Reach Out to Loren If Needed
- Meetings need to be Adult Only and at Events, Needs to be a Plan For Childcare
- Have Fun!
Recommended Books

• Three Little Words
  • Ashley Rhodes-Courter
  • Memoir of a Former Foster Child

• Another Place at the Table
  • Kathy Harrison
  • From the Perspective of a Foster Parent
Feedback from Last Semester

• Tell Us What You Think!
• Thank you!
Questions??